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## After Care Instructions for *Silver Diamine Fluoride Application*

Today we placed silver diamine fluoride (SDF) on your child's teeth to help stop the progression of his/her dental cavities. SDF can be used both as an interim or permanent treatment option to manage dental caries in children.

In order to ensure the effectiveness of the placed SDF, we request that you please follow these instructions:

1. For the next **60 minutes** do **not** give your child anything to eat or drink.
2. As we placed fluoride varnish on your child's teeth after the SDF application, we request that your child have a **soft diet** for the remainder of the day.
3. **After 6 hours**, your child's teeth may be brushed, flossed and rinsed in order to remove any residual fluoride varnish. *However, if it is possible, wait until tomorrow morning to resume normal oral hygiene routines.*
4. As SDF can stain other surfaces, please know that any stain on skin will disappear within 1-3 weeks with proper soap/water rinsing and any stain on composites can be polished at your child's next visit.

Please call the office **immediately** if you notice an **allergic response** within 24-48 hours of SDF application.

We **require** a follow up visit within 10 days of the first SDF application in order to check the treated lesions. Reapplication of SDF may be necessary if the cavitated lesions do **not** appear to have hardened/darkened.

Please know that **additional** SDF applications may be necessary at your periodic visits in order to ensure that the cavitated lesions are still arrested. The American Academy of Pediatric Dentistry indicates that until the cavitated lesions are **not** entirely restored, **biannual reapplication** of SDF is required to prevent the further progression of decay.

If you have any questions/concerns, please call the office at **571-799-0559**.

